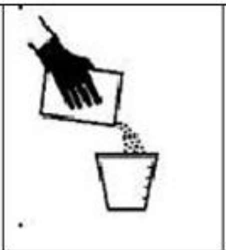
GUKORESHA NEZA IMITI IRWANYA INDWARA N'IBYONNYI

Icyiciro	Ibisobanuro	Amagambo ari ku byapa	Ibara rigaragaza urugero rw'ubukana bw'umuti wica udukoko
Ia	Ingaruka mbi ziri kurwego rwo hejuru cyane	Ni bibi cyane,ubumara, ikimenyetso cy'agahanga n'amagufwa abiri asobekeranyije	
Ib	Ingaruka mbi ziri kurwego rwo hejuru		
II	Ingaruka mbi ziri kurwego rugereranyije	Itonde/byakugirira nabi	
III	Ingaruka mbi ziri kurwego rwo hasi	Ubikoreshe neza witonze	
IV	Bidafite ingaruka mbi mu gihe bikoreshejwe bisanzwe	Koresha neza	

				
Ntumene umuti mu mazi	Ni mubi ku matungo	Gutera umuti wikingiye	Gufata umuti w'ifu	Gufata umuti w'amazi
Umuti wakwica	Umuti Watera uburwayi	Urapfumura ukinjira	Uyu muti wakurura inkongi	Bika imiti ahantu hafunze abana batagera

Koresha imiti yica udukoko neza:

- Koresha imyambaro y'ubwirinzi yabugenewe,
- soma ku cyapa kiri kw'icupa umuti urimo
- Ntukambare imyenda yangiritse niyo yaba yarabugenewe
- Tera umuti hakiri kare cyangwa ku mugoroba igihe hadashyushye cyane.
- Ntukarye,ntukanywe cyangwa ngo unywe itabi mu gihe ufite umuti wica udukoko.
- Ntugakoreshe intoki mu gihe cyo kuvanga umuti!
- Ntugahuhe nu munwa wagatwe k'ipompo igihe kazibye. Koresha akaroso.
- Ntugatere umuti igihe hari umuyaga